Fact Sheet: Why choose flat track Derby?

Flat track leagues benefit from an organized, nationally-recognized support network.

- The Women's Flat Track Derby Alliance (WFTDA) is growing every day it's a way for leagues to share resources and advice and ask questions while benefiting from the successes of other established leagues.
- The WFTDA enables national competition and organization without forcing leagues to lose their DIY/punk rock ethic.
- A standardized set of rules makes bouts between girls in different states not only possible, but uniform and exciting, furthering the Flat track brand.

Audiences love to get in on the Flat track action!

- Because of the accessibility of the game, it can be enjoyed by the young, who will be the flat-track derby skaters of tomorrow.
- Fans and players are on the same level so audiences actually become a part of the action, sitting that close to the track makes it easier to truly experience the game instead of just watching it.
- "Why take out a rail, when you can take out the audience?" - Eight Track, Texas Rollergirls.

Flat tracks are economical.

- You don't need to own or lease a space to house flat tracks. Simply find an unencumbered surface to skate on and you can set up a Flat track with rope lights, rope, duct tape or even just cones.
- No investors required to start a flat track league. Very little money is needed and the start-up financial investment can usually be covered by skater dues and fundraisers.
- Flat track leagues can remain truly DIY enterprises that are skater-run and skater-owned. Because large financial investments aren't needed, they can run with a "for the skaters, by the skaters" ethic.

Flat tracks are portable.

- Almost every city has multiple—and interesting—locales that can be turned into Flat track practice and bout venues. Current leagues skate in airport hangars, traditional skating rinks and even old ballrooms and theaters.
- You don't have to transport a huge track from place to place to play the game. And you don't need a permanent setup/storage space for the track.
- Flat track leagues can go to their audiences (instead of having their audiences come to them). They can take advantage of multiple venues, making it easy for fans all across their cities to see them.



Flat tracks require unparalleled athleticism, which translates into action, action, action on the track.

- Anyone can learn to skate on a flat track (groups of kids can even have Flat track derby pickup games) and those who do are transformed into superior athletes.
- Skaters develop excellent physical conditioning. On a Flat track, they work for every bit of speed and power and create it themselves. The track doesn't assist Flat track skaters, they work for it.
- Jammers must rely on their own momentum and blockers and pivots are allowed to use more of the track to take aim at the jammers. The game is much more physical.